

Daily Bible Readings:

These readings are related to the Lectionary readings for this Sunday. Try to take time each day to read the assigned Bible passage.

Sunday	Luke 4:1-13	The temptation of Jesus
Monday	Hebrews 2:9-18	Jesus was tempted as we are
Tuesday	1 Corinthians 10:1-13	Be careful that you don't fall
Wednesday	Luke 22:39-46	Jesus on the Mount of Olives
Thursday	James 1:2-18	Trials and temptations
Friday	Genesis 39	Joseph resists temptation
Saturday	Psalms 119:1-16	The word of God
Sunday	Luke 13:31-35	A hen gathering her brood

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Scripture Verse for the Week:

With your heart you believe and are made right with God. With your mouth you say that Jesus is Lord.

And so you are saved. - Romans 10:10 (NIRV)

- Cut out & carry with you.
- Say at each mealtime.
- Read at bedtime.
- Commit to memory.

Prayer for this Week:

Lord God, place your Word in my mouth and my heart, so that I believe in your Son and confess him as Lord. Amen. (Rom. 10:8 10)

For Throughout the Day:

Lord, make me strong when I am tempted today. Help me to do what is right and good. Amen.

A Blessing to Share:

May God bless you with his love. May he rescue and protect you, and give you long life. Amen. (Psalm 91:14-16)

Mealtime Refrain:

Let this household rejoice: **God has given us good things.** (Deuteronomy 26:11)

Mealtime Prayer:

You give us bread for living, O God. Save us from living for bread. Amen.

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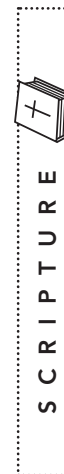
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Faith Talk:

Discuss in your household or small group:

- Share about a time when you felt tempted. What happened?
- How did the devil tempt Jesus? How did Jesus respond?
- What can we learn from the way Jesus responded?

Devotional Practices:

Lent is a season of the church year when we give particular focus to prayer. As a household, make the decision to pray for specific things each day of the week over Lent. Here are some ideas:

- Sunday – for pastors and other church workers, and for the ministry of your congregation.
- Monday – for missions and missionaries.
- Tuesday – for friends and neighbours, and for those who don't know Christ.
- Wednesday – for political leaders and world peace.
- Thursday – for colleagues at work or school.
- Friday – for your relatives.
- Saturday – for personal needs or concerns.

You may want to print or write up your chosen schedule and post it where all household members can see.

Service:

Think of a food item that is especially tempting for your household, but with which you could do without. Decide to forgo it for this week or longer, and set aside the money saved to donate to charity.

Rituals and Traditions:

Make a "crown of thorns" wreath as a home devotional focus. Make or purchase a grapevine wreath to use as the base. In the wreath, insert six purple candles, one for each remaining week of Lent, and a white candle to represent Christ. Light one candle for this week, two for the week after, and so on. Begin Holy Week (on Palm Sunday) with all of the candles lit, then extinguish one candle each night thereafter. Light the Christ candle as you celebrate Jesus' resurrection on Easter Sunday, and decorate the wreath with flowers.

From Martin Luther's "Small Catechism":

Sixth Petition of the Lord's Prayer: "Lead us not into temptation" What does this mean?

God tempts no one to sin, but we ask in this prayer that God would watch over us and keep us so that the devil, the world, and our sinful self may not deceive us and draw us into false belief, despair, and other great and shameful sins. And we pray that even though we are so tempted, we may still win the final victory.

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